Identifying Your Values

Review the list below and check a box to the right of the value to indicate how strong that value is to you. Add values you feel strongly about even if you don't think they're important to a job search or a career change.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Value | 1 | 2 | 3 | 4 | 5 |
|  | Very important | Important | Somewhatimportant | Not very Important | Not at allimportant |
| Advancement |[ ] [ ] [ ] [ ] [ ]
| Autonomy |[ ] [ ] [ ] [ ] [ ]
| Belonging to a team |[ ] [ ] [ ] [ ] [ ]
| Challenges |[ ] [ ] [ ] [ ] [ ]
| Collegial/Friendly environment |[ ] [ ] [ ] [ ] [ ]
| Company stability |[ ] [ ] [ ] [ ] [ ]
| Contributing to society |[ ] [ ] [ ] [ ] [ ]
| Family needs |[ ] [ ] [ ] [ ] [ ]
| Financial independence |[ ] [ ] [ ] [ ] [ ]
| Fun |[ ] [ ] [ ] [ ] [ ]
| Helping others to succeed |[ ] [ ] [ ] [ ] [ ]
| Independence |[ ] [ ] [ ] [ ] [ ]
| Intellectual stimulation |[ ] [ ] [ ] [ ] [ ]
| Job satisfaction |[ ] [ ] [ ] [ ] [ ]
| Job security |[ ] [ ] [ ] [ ] [ ]
| Job stimulation |[ ] [ ] [ ] [ ] [ ]
| Learning new skills |[ ] [ ] [ ] [ ] [ ]
| Personal growth |[ ] [ ] [ ] [ ] [ ]
| Power |[ ] [ ] [ ] [ ] [ ]
| Recognition/Rewards |[ ] [ ] [ ] [ ] [ ]
| Status |[ ] [ ] [ ] [ ] [ ]
| Click here to enter text. |[ ] [ ] [ ] [ ] [ ]
| Click here to enter text. |[ ] [ ] [ ] [ ] [ ]
| Click here to enter text. |[ ] [ ] [ ] [ ] [ ]
| Click here to enter text. |[ ] [ ] [ ] [ ] [ ]
| Click here to enter text. |[ ] [ ] [ ] [ ] [ ]
| Click here to enter text. |[ ] [ ] [ ] [ ] [ ]
| Click here to enter text. |[ ] [ ] [ ] [ ] [ ]
| Click here to enter text. |[ ] [ ] [ ] [ ] [ ]
| Click here to enter text. |[ ] [ ] [ ] [ ] [ ]